

Module Assessment

Date:

The Resource Mothers need to have a good sense of what to expect of the young women with PKU. The young woman's current level of motivation and degree of independence can be described through what has been termed a "module" assessment. Module refers to the category or stage of development in which the woman with PKU is currently situated. Module 1 represents the lowest level of motivation and independence, while Module 3 represents the highest. It is important that the Resource Mother adjust her goals and activities so that her intervention addresses the needs of the young woman.

Area of Functioning	Module 1	Module 2	Module 3
1. Prenatal Care			
2. Maternal PKU Diet			
3. Metabolic Monitoring			
4. Preparing for Parenthood			

Please complete the above chart based on the module descriptions below.

Module 1: Low motivation and poor knowledge; lack of resources and social support; requires significant amount of assistance to take care of herself, make appointments, and keep appointments. Primary goal will be to reduce blood PHE level and follow medical recommendations by providing whatever practical assistance is necessary.

Module 2: Moderate motivation and some knowledge; some resources and social support; requires some assistance to take care of herself, arrange appointments, and keep appointments. Goals will be to follow medical recommendations and to increase her independence, knowledge, and other important, but not critical aspects of pregnancy treatments (such as variety in diet, grooming, exercise, and budgeting).

Module 3: High motivation and solid knowledge base; has organized household and significant resources and social support; could benefit from practical assistance and extra encouragement. Goals will be to increase understanding of maternal PKU and to encourage greater independence in coping with treatment and pregnancy.