

Date:

Subject ID:

Home Organization Scale

Determine if there are items for managing the PKU diet. Notice what facilities are available for cooking and storing foods. Ask if the items are not in view. This information will help determine which recipes can be made and how much can be made at a time.

ITEM	YES	NO
Formula (at least two weeks supply)		
Blender or other means for mixing the formula		
Container for storing the formula		
Special low protein products		
Written diet guidelines		
Low protein cookbook		
Measuring cups or scale		
Measuring spoons		
Notebook or other type of food record		
Supplies for blood testing		
Calendar		
Cooking pot		
Refrigerator		
Stove		
Oven or Toaster oven		
Microwave		
Freezer (in refrigerator or separate)		
Sandwich maker		
Bread machine		
Total Number of items marked "YES"		