



Optional Questionnaires for Resource Mother's Use

The following forms are questionnaires that may be used to help get to know your Resource Daughter better. You may use them if you like. They are not part of the research study and should not be submitted to Boston. However, you may wish to share the information with your clinic coordinator.

Questionnaires included:

- How Am I Doing Now
- Cooking Experience
- Diet Goals Worksheet
- Initial Diet Checklist
- Assessing Food Preferences
- Module Assessment