

DATE

Dear Psychologist:

Thank you for your interest in helping out with the Resource Mothers Study for Maternal PKU. Briefly, this is a study to determine whether a home visitation program to provide support for women who must follow a very restrictive diet during pregnancy improves outcome. Outcome data included in the study are the mother's intelligence, and a rating of the home environment and the infant's developmental scores when the baby is a year of age.

Specifically, the testing required at this time is indicated below:

1. Wechsler Adult Intelligence Scale –III [We provide the protocol, but you need access to the test kit.]
2. Bayley Scales of Infant Development 2<sup>nd</sup> Edition (Please be sure to include both the Bayley Mental Scale Developmental Index and the Performance (Motor) Scale Developmental Index.) [Again, we can provide the protocol, but you need access to the test kit.]
3. HOME Inventory: Caldwell BM, Bradley RH. Home Observation for Measurement of the Environment, 1984 [We will send you copies of this instrument, with instructions for administration.]

We request that you send a brief letter to the mother, summarizing the results of her own testing (if she would like) and the results of her child's developmental assessment. These summaries should not include scores, but should give the mother a list of her strengths and weaknesses, in a gentle and helpful manner. With regards to the child, the child's range of functioning should be indicated. Often, we add a few suggestions for ways to stimulate the child. We do make recommendations for early intervention, if appropriate. We've included a sample letter that you might find helpful.

The original test protocols and a copy of the letter to the mother should be sent to the Coordinator of the Maternal PKU Resource Mothers Study.

We pay \$250.00 for the WAIS-III and an additional \$250.00 for the Bayley and HOME Inventory. Travel costs to the woman's home or other place for testing will be reimbursed at \$.32/mile.

Please submit an invoice to me and include the following so that we may process it as efficiently as possible: Name, address to which the check should be sent, social security number, and a phone number. You can expect to receive a check in 4-6 weeks.

Please call me at 978-352-7865 if you have any questions about the administrative aspects. If you have any questions related to the psychology protocol or the report,

please contact Susan Waisbren, PhD, who is a psychologist and principal investigator of the study. Her phone number is: 617-355-4686 and her email is [susan.waisbren@tch.harvard.edu](mailto:susan.waisbren@tch.harvard.edu). We look forward to working with you.

Sincerely yours,

Fran Rohr, MS RD  
Coordinator, Resource Mothers Study