

## DATA COLLECTION SCHEDULE

Data Requested	When/Frequency of Obtaining Data
1. Registration and Background Form	Enrollment: fill out as much of the form as possible initially. Some information (such as IQ) can be added later.
2. Blood Levels Record	Weekly, or as often as blood specimens are obtained, even if the woman is not yet pregnant. Record only the PHE and the TYR results on this form. If blood TYR is not routinely done, record PHE only for that date. Full amino acid profile results are requested at enrollment, 6, 23, 20, and 32 weeks gestation. Enter the PHE and TYR results from the full profile, and send a hard copy of the amino acid profile to the coordinating center for data entry.
3. Nutrition Assessments	Monthly, beginning at diet initiation, and every 6 months if the woman is not pregnant. There is no need to enter more assessments, even if they have been done. Once each trimester during pregnancy, send a copy of the actual food record to the coordinating center. The granting agency requires that a second analysis of the food record be done three times during the pregnancy for quality control purposes. The nutritionist at the coordinating center will contact you regarding any discrepancies in the analysis.
4. Weight Record	Monthly, beginning at diet initiation
5. Appointment Record	Diet initiation or entry into study (baseline data), then at 6, 12, 20, and 32 weeks gestation. The database will calculate when these appointments are due based on the LMP. Enter the data from the date closest to the target date.
6. Course and Outcome of Pregnancy	Completion of Pregnancy. Send OB record.
7. Pediatric	Birth
8. Psychosocial Questionnaires (These are not on the computer database. Please send the hard copy to the coordinating center.)	6 and 32 weeks gestation. If the woman enters the study after 6 weeks gestation, questionnaires should be given within 2 weeks, and then again at 32 weeks. If the woman has a RM, she will help the woman to fill out the questionnaires. Otherwise, it is the coordinator's responsibility. Send the completed forms to the coordinating center as soon as the forms are completed.
9. Resource Mother's Visit Log	Keep ongoing record throughout the intervention. Send to coordinating center at the completion of pregnancy.
10. One Year Follow Up	Age one year.
11. Medical and Support Services Needed	Age one year.